

### **Activities**

**Assured Horizons** is one of the only small facilities to have a comprehensive activity program!

## Featuring

- Music Therapy (Live music two day a week)
- Birthday celebrations!
- Outings
- Exercise & weight program (10am every day)
- Pet therapy
- Daily walks to the park
- Music corner (Keyboard, piano and other instruments)
- Aromatherapy
- Locked medication carts
- All Caregivers receive training in Alzheimer's/Dementia Activities

## **Assured Horizons** Programs that set us apart

- Our medical directors
- Higher staff ratio
- Care Plan Report sent to families every month (see sample)
- Excellent activities program
- Superior medical care
- Geriatric Psychiatrist, MD
- Geriatric Internist, MD

## www.assuredhorizons.com

- **Hospice Contract**
- Full time physical, occupational, and speech therapy contract
- Different levels of care (residents are grouped by level of functioning)
- Full time nurse/administrator
- We can bill long-term care insurance for you

## **6 Locations in Fountain Valley**

**Owned & Operated** 

by David Baum

### **Executive Director**

Zeny Vera

949-933-5938

Fax (714) 316-1433

Call for a tour today!

Email: dabaum22@cox.net www.AssuredHorizons.com







Founded in 1994, **Assured Horizons** is well known in the community for their dedication to older adults and the cognitively impaired.

Assured Horizons has been involved with the Alzheimer's association of Orange County, South County Seniors, Meals on Wheels, The Salvation Army, and the National Parkinson's Foundation.

**Assured Horizons** is dedicated to providing compassionate and loving care to all our residents. We specialize in the following:

- Dementia/Alzheimer's disease (Cognitive impairments)
- Parkinson's Disease
- Diabetes/ Nephrology
- Hospice Care
- Psychiatric/Behavior Modification Program

# Special Features of Assured Horizons

### Physical

- Security system
- Bright parabolic lighting
- Each home is close to a park
- Bidet toilets to prevent UTI's & infections
- Locked garages
- Fire safety training
- Personal fall safety alarm

#### Decor

- Muted colors
- Contrasted doors
- Non-Glare glass on pictures
- Aroma diffuser
- Walking path at park
- Memory boards
- Wood padded floors
- Memory place mats
- Bathroom wall cues





### **Basic Room Rates**

Private Room\* Semi Private Room\*

\$4000 \$3750

\*Room rates may vary according to the level of care needed by resident\*

### **Other Charges**

Incontinence

\$350 per month

Includes briefs or diapers, gloves, and wipes service

Beauty/Hairdresser

Women - \$60 per month

Includes two style and cut visits

Men - \$20 per month

Includes one style, cut, and facial hair clean up

Assessment/Admission fee - \$1000

(one-time non-refundable fee. May choose to pay at

the end of the contract)

Respite & Daycare available

"Assured Horizons provides a true home environment and the caregivers are absolutely the BEST! My mother gets such wonderful care from a loving nurturing staff."

Dixie L. Arnold, Ed.D, daughter